



# Nail Surgery Information

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## Welcome to the Nail Surgery Clinic Information leaflet .

The leaflet gives information about nail surgery, the indications and what you can expect from the procedure.

If you have any questions or would like more information please contact us.

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### What does nail surgery treat?

Nail Surgery is a minor surgical procedure used to treat the following nail conditions:

- ⇒ Painful Ingrowing toe nails
- ⇒ Nails with fungal Infection
- ⇒ Deformed nails
- ⇒ Repair of previous nail surgery problems

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### What does Nail Surgery Involve?

Following a full, initial consultation, nail surgery is a procedure carried out under local anaesthetic to remove part or all of the affected toe nail. If appropriate, and in most cases a chemical called phenol will be applied which has a high success rate of preventing regrowth of the nail.

The procedure ends with the application of a pressure dressing, which you must keep on until your first dressing appointment in clinic.

After that you will be expected to perform daily dressing until the area has healed.

## FAQs

### Are there any risks of nail surgery?

*Yes, as with any minor/procedure some uncommon risks can occur such as allergic reactions or failure of the anaesthetic, bruising, regrowth of the nail, post-op pain.*

### How long will the procedure take?

*The initial consultation takes about 30 mins, the procedure takes about an hour and the follow up dressing appointment takes 20 minutes.*

### How long does it take to heal?

*Healing will depend on individual circumstances, but on average a PNA takes 4 weeks and a TNA takes 4-6 weeks.*

### What do I need to do on the day of the surgery?

*You can eat and drink as normal, post surgery you can't drive as your toe will be numb so you will need alternative transport home, for the remainder of the day we recommend you rest your foot up and take simple pain killers for any pain or discomfort.*

### How often will I need to dress and clean the wound?

*After the first dressing appointment in clinic you will need to check and clean the wound daily until it has healed. The procedure and what dressings you need will be explained at the dressing appointment.*

### Can I pay for the procedure using health insurance?

*We are not registered to deal directly with insurance companies, however a full receipt can be issued so you can claim the money back from the health cashback plans.*

## About The Nail Surgery Clinic

The nail surgery clinic is part of Purple Podiatry. Our HCPC Registered Podiatrist, Andrew Walklate has over 12 years experience of caring for patients and their feet in the NHS and Private Practice, and 21 years as a registered nurse. You can be assured of friendly, professional treatment in our clinic.

We offer a full range of Podiatric Treatments including:

- ◇ Routine nail and skin care
- ◇ Biomechanical assessment
- ◇ Verruca Treatments
- ◇ Treatments for fungal nail infections
- ◇ Acupuncture treatments

## CONTACT DETAILS

Telephone 0151 363 2189

Mobile/Whatsapp 07715 253194

E-mail: [purplepodiatry@hotmail.com](mailto:purplepodiatry@hotmail.com)

Address: 16 Vine Street, Widnes, WA8 6DW